

Fibromyalgia Support Group



Kelly Hemingway RN, MSN
Author & Fibro patient

Do you or someone you love suffer with fibromyalgia?
You don't have to travel the journey alone.

Come join our support group

Topics of discussion will vary week by week and include: coping with fibro mentally, physically, emotionally, and spiritually; understanding the mind-body connection, ways to assume an active role in managing your symptoms, objective information regarding the legitimacy of fibro, efficient communication with family, friends, and doctors, guest speakers including doctors pharmacists, certified nutritionist, and more.



www.comppainspecialists.com

Date/Time/Place

Saginaw

April 18, 2018-->6:30pm-7:30pm

June 13, 2018-->6:30p-7:30

October 17, 2018 -->6:30-7:30

December 12, 2018 -->3:30pm-7:30

Flint

May 16, 2018 -->6:30pm-7:30

September 19, 2018 -->6:30pm-7:30

November 14, 2018 -->6:30pm-7:30



Comprehensive Pain Specialists

Saginaw Campus

4450 Fashion Sq. Blvd.

Saginaw Michigan 48603

(Use Covered Entrance)

Flint Campus

3400 Fleckenstein Drive

Flint Michigan 48507

(Parking and entry in rear of bldg)

SPACE IS LIMITED

To Register call Kelly

810-564-0214

****No Fee to attend**

Snacks and refreshments provided